

MODISA

Community News Paper for Moretele District and Surrounding Areas.



DIRATSAGAE
COMMUNITY
DEVELOPMENT,
EDUCATION
TRAINING AND
→ NEXT EDITION
SUPPORT CENTRE



Bogosi Ba
Bakagatla ba
Mose tlha

→ PAGE 5

The
Young
Pulpit

Page 4

BAKGATLA BA MOSETLHA CPA Part 2

Mantshole 40JR

Mantshole 44JR

Blokhout 614JR Bles 58JR

Leeupoort 373KR

Droogelaagte 485KR

Driefontein 493KR

Grysbult 477KR

Langkuil 491KR

Rhenosterkloof 471KQ

Kwariehoek 477KQ

Haartebeespoort 523KQ

Witfontein 526KQ

Morgenzon 553KQ

Blokdriest 512KQ

Rietspruit 527KQ

Rietgat 563KQ

Rhenosterkloof 483KQ

Sancifontein 476KQ

Zandfontein 476KQ

Ruigtesloot 160 JQ

Madimatle

Mabotse

Mo mengwageng e e fitileng Bakgatla ba Mose tlha bane banna mo mafatsheng a fa godimo. Pusu ya bogologolo ya kgethololo ene ya tlosa gape ya tseela Bakgatla mafatsheng ago ge go beiwa semmuso The Native Land act ka 1913. Molao ogo, one o ganetsa batho b aba ntsho gore b aka nna le mafatshe a eleng bona. Nako etlile gore mafatshe a go a boele mo tlase ga tsamaiso ya Bakgatla Ba Mose tlha. Fa lelapa la gago le kile lanna mo mafatsheng ago, kgotsa fa ole mongwe wa batho bao b aba kileng ba nna mo mafatsheng ao kgosi o tlhoka thuso ya gago go fa bopaki fa pele ga komishinare wa mafatshe ko profenseng ya Limpopo.

Mafatshe ago a akaretsa plasa ya Mabotse, eleng plasa e Kgosi Seaparankwe Mathibe, Kgosi kgolo ya Bakgatla Ba Mose tlha a boloketseng kwa go yone. Ga sele Kgosi Mathibe a beiwa ko go, Bakgatla ga ba isi ba kgone go ka fitlhelela ko lebitleng la Kgosi.

Nako e fitlhile gore re busetswe lefatshe lego morago, le amang a mafatshe a umakilweng fa godimo. Mabitsla a malapa a le mantsi a sentse ale mo mafatsheng ago. Mo makgetlhong a le mantsi, Maburu a eleng bangwa ba mafatshe a go ba gana batho ba tsene mo mafatsheng ago gore ba kgone go fitlha ko mabitleng a bo bona.

Bakgatla Ba Mose tlha tribal authority a batla go fedisa seo, ba kopa gore Bakgatla ba tshwaragantsheng diatla ba lwantshe kgatelelo eo e bo rramogolo ba e boning fat lase ga makgowa le puso ya kgale Puso ya jaanong e tliile ka molao wa go busetsa batho mafatshe a bone, ka Land restitution act ya 1994, Puso e rata go ka siamisa tshenyo e e tlisitseng ke melao ya kgethololo. Bontsi ba dichaba tse dingwe di setse di bone mafatshe a bona, Le Bakgatla Ba Mose tlha ba setse ba bone a mangwe a mafatshe a bona a leng mo profenseng ya Bokone Bophirima. Mafatshe a setse ko morago ke a a welang ka fat lase ga profense ya Limpopo.

Bakgatla ba Mose tlha Tribal Authority ka fa tlase ga Kgosi Motshegoa, ba kopa bakgatla botlhe b aba kileng banna mo mafatsheng a fa godimo. Go kopiwa gape le b aba itsing sengwe ka mafatshe ago gore ba ikopanye le ofisi ya Bakgatla ba Mose tlha ba Mose tlha.

Go kopiwa gore ba sie maina le di nomoro tsa mogala, gore di fitisetswe go Rantebeng Makapan, kgotsa go Lencoe Makapan. Di nomoro tsa mogala ke 0127140004 kgotsa 0823481395 kgotsa re kwalele go Bakgata Ba Mose tlha Tribal Authority P.O.Box 1 Mosate Section 0404 kgotsa ka email go lencoe@gmail.com

Bakgatla Ba Mose tlha Cultural Festival Different activities held around the different villages of the Bakgatla ba Mose tlha. We aim to resotore our pride into our culture. Also to teach the next generations.



DiKgang Kgolo

O YA KAE?

A orata go eta? kgotsa go ja nala? ke mafelo a mafeng a okileng wa etela? ke a ma feng a o a ratileng? are kopane re bue ka tsa ojanala. Weather on raod or off road. Short or long distance. contact me and tell me which place you would like me to go an see and i will tell you about my escapades.



KE TLA KGONA
(DETERMINATION)

BODUMEDI

This feature is about daily success stories, who made it and who is next to make it. How to be Successful and what drives you to succeed. We will tell you stories about people from your village who are making a name for themselves. You will read and get inspired maybe you will be next to be feature on this section

Issues of faith, this is a section that deals with how people relate with their God , and it addresses the day to day issues of religion and believe nand faith. Can religion and culture co exist? We dwell deep in to the core of things. We go head to head with this age old question. Please stay tunes as we unravel it.

The BBMCPA Part 2



News editor
Lencoe Makapan



Email : modisanewspaper@gmail.com
Cell: 078 4151478
P.O.BOX 911-1691
Rosslyn, 0200
Journalist, Contributors and Reporters for Modisa Newspaper wanted.

We still aim to inform the community of TheBakgatla ba Mosetlha plus surrounding vil-lages about whats happening and what need to happen in their community. We need people who can report for us from different villages. People who can let us know what is happening in their own communities, so that we can let the world know.

We need people who can contribute in different issues that affects the lifes of the communites, people who can report in sports and tourist attractions in the different villages. Also we need people who can write about the political issues, and the lack of service delivery issues that we face living in a rural area.

We need reporters and journalist whether trained or not, who can wrote for us or who can contribute to our newspaper.

If you can write or you want to start writting about issues in your community, please let us knom

:modisanewspaper@gmail.com,
P.O.Box 911-1691, Rosslyn, 0200.
cell no 078 415 1478.

Great thanks to everyone who made this issue possible, special thanks to Hellen Mmatshwene Kganyago wa kwa Tladi and Didintle, Letlhogonolo Makapan

On Monday the 19th August 2013 there was a Kgotla at Mosate where The BBMCPA Committee Executive was called in to respond to the numerous complaints laid against them by other committee members and by the community at large.The Complaints were as follows

Members were are suspended/expelled from the CPA without due process
Community members who were doing community surveys who are not being paid.

Mr. Setshedi was called to respond but he did not want to talk about the issue of the expelled members, as he was not notified in time about the issue. Also he was not informed in writing about the issue, in the letter that was send to him. So he did not see it fit to be addressed as it is against their committee protocol, policy and constitution.On the issue of the payment due to the community who worked on the Survey, Mr. Setshedi explained the issues they had with the forms that were outdated and new forms had to be issued, and that caused the delay.

The Chairperson of the Lekgotla Mr. Paul Malebye apologized on behalf of the secretary of the Bakgatla Ba Mosetlha tribal authority, for the 1st issue not to be included in the letter but since all parties were present he asked Mr. Setshedi to explain the 1st issue, Still Mr. Setshedi would not dwell into it, and insisted that the Kgotla must write explicitly in their correspondence so as he can know what are the issues at hand and he can prepare accordingly. Also The BBMCPA is a legal body and it is only answerable to the Director General of the Department of Rural Development.Mr. Dan Letsebe stated that Mr. Setshedi talks about the CPA as being a legal body but at the same time he separate it from its members whom are the Bakgatla Ba Mosetlha and the BBMCPA has a responsibility of being answerable to these members.Mme Mokete reminded Mr. Setshedi that the leadership of the Bakgatla Ba Mosetlha are his parents and also he is a guardian of their properties, so when they ask for him to come and explain something to them he must happily oblige even if they may not be that fluent in writing letters as he would like. As he received the message and he was present then he must address all issues. Rre Dan Moeng added that when The Chief calls for you to appear in the lekgotla, all policies and constitution falls out of the window, you must come at once and you must answer.

modisanewspaper@gmail.com, When pressed for answers Rre Setshedi said the matter has been escalated to Kgabo (The Chief) and he can only discuss it with him and not with the Kgotla. The chairperson said as this was news to him he will have to meet with Kgabo and hear from him, then he will comeback to lekgotla with the feedback. I asked the chair the fact that Kgabo Send Rantebeng to the Sebeso meeting end of July to ask bo Rrangwane about this matter it means that he doesn't know or does not understand it, as according to Mr. Setshedi the matter was escalated to Kgabo on in June Since both parties were already here Mr Seshedi should go ahead and answer, as it will be futile to go back to the chief without proper information. Mr Setshedi and members of his executive exited the Lekgotla without waiting for the Chairperson to respond.

Rre Moloisane o eleng mongwe waba ba kubilweng, o buile are erile ga ba fetsa go kubiwa they went to see the Chief as an he is an ex officio member of the CPA to explain their plight, but he was indisposed. So they could not meet with him, which means the issue did not reach his attention; hence they brought it to the lekgotla. The matter was left for the sebeso to address it.After the Lekgotla I met with the disgruntled members in order to get properly what they are complaining about, as I did not understand the issue. I met with Mr. Letsebe an interested party from Transactie who wrote a memo detailing where the issues started and what's happening currently. Mr. Ngoako former member of the CPA (Assistant to the project coordinator) from Ngobi who was also expelled rom the CPA committeeMr. Kenneth Moloisane who was also expelled from the CPA he was an additional member he is from TransactieMr. Moeng former Deputy treasure who was also expelled from the CPA and is also from Transactie

Other members who are expelled but who were not present are Isaac Setshedi and Additional Member from Transactie, Elizabeth Modise and additional Member from Transactie and a mebersfrom Selepe Mr. Makoeni of Zandfontein CPA

The gentlemen raised the following issues they had with the BBMCPA:1. As the 3 farms (Transactie, Selepe and Ngobi) did not apply for their Farms to be restituted they were surprised to find their farms was in the land claim report2. Also their Farms were not on the original claim The Chief submitted to the Land commissioner, how did they end up on the claim of Bakgatla ba mosetlha (BBM)?3.

The R26m compensation! Who and what is it for? Since it is not as yet clear what the compensation is for the money should not be spend.4. The CPA Committee was given a mandate by the members to manage their property, but the CPA wants to do what they want on their own without the consent or without consultation with their members 5. They above members did not withdraw from being Bakgatla ba Mosetlha as they were born as Bakgatla ba Mosetlha and they cant wake up and decide otherwise.

6. The issue of who is a member of the CPA is one of the biggest problems. According to the BBMCPA the member of the Bakgatla ba Mosetlha CPA is only people who submitted claims for the restitution of land but not communities who when removed from different farms but moved and formed part of the 29 villages who are currently under the BBM Tribal authority. This is a problem because, of the people who submitted claims most are not Bakgatla ba Mosetlha and they live outside the villages. These lead to issues were you will have in this instance Transactie to have 4 members in the CPA Committee while other villages are not represented .

The question was that, what about the people in different villages under the tribal authority? It is easier to verify the members from different villages, as the respective headmen will know whom they are as compared to people who live in other places. This has a huge impact in decision making of the CPA and it renders the election of committee members a fraud. As in different meetings called only claimants and people who want to claim would attend to here about their respective farms but not people who moved to different villages who are Bakgatla ba Mosetlha under the tribal authority. The CPA uses the attendance register as an endorsement to the issues that were discussed.

7. All the above issues were posed to the BBMCPA committee and the CPA committee did not want to answer, the communities of the 3 farms put forward a motion to withdraw their farms for under the CPA as they did not trust the intention of the BBMCPA committee under the leadership of Mr. Setshedi.8. On the original claim by the Chief there are still private farms that are outstanding the claims are with the land Commissioner in Limpopo and it is waiting for evidence and nobody is following them up, the farms include Mabotse, Moime,

Zandfontein, Bonwa phala and Segwale (Driefontein) among others9. According to them the CPA intentionally neglected all the private farms claims

10. Most of the people that lived on those farms are even going on their own hiring their own lawyers to claim for those farms and Zandfontein and Bonwa Phala are about to be handed to the claimants.

11. And most of those farms were about to declared state farms as they were not claimed or contested up until a group of Zandfontein raised R18 000 to hire a lawyer to look into those farms now most of the farms are being investigated.

12. The R26m was paid into the CPA account on the 6th of May and on the 1st of June the executive convened a strategic planning workshop where they called a consultant to train them on developing a strategy at Kwalata Lodge at the alleged cost of R40 000 the expelled members were against the expenditure.

13. On the 22nd June a meeting was held where the above-mentioned members were expelled without being given a hearing.

These group says there are not challenging the Kgotla ya Bakgatla ba Mosetlha le Kgosi, they only wanted the CPA to address the above issues and instead they were expelled without a disciplinary procedure. These issues are yet to be addressed and the nations patience is wearing thin on this matter.

Something has to be done soon, if not the nation will be thrown into chaos. The Complain has also reached the office of the public protector Thuli Madonsela who mentioned it in a meeting we help at Brits about the D account.

In the meanwhile the term of the BBMCPA committee comes to an end in February next year, Bakgatla ba Mosetlha nation needs to once again gather to elect a committee that will manage their properties and they have to make sure this time that the people they will choose will be responsible to them.

If you have more information on the issue please don't hesitate to get in contact with us.

Call us on 078 415 1478 or write us on P.O.Box 911-1691, Rosslyn, 0200.

THUTO

What is the state of education locally, how much of an impact does a teacher strike have on the level of education in the village? What are our kids learning in a government school as compared to a Model C or Private school? Should Tertiary education be free? are we buying bags?



BEST ACHIEVERS

Who are the best students, rural or urban? Does resources determine the level of success? What makes a student achieve more? how to pass Matric the first time. Why so many pupils drop out still after so many years of democracy. What is the quality of our teachers as compared to the demands of the curriculum?



NSNP

What are our kids eating at school? What happened to the lunchbox? Based on the amount the Government spent on feeding the children do the children receive nutritional value equivalent to the amount spent? are we buying bags? re bueng bagaetsho, re letsetse mogala go 078 415 1478



BAKGATLA BA MOSETLHA DEVELOPMENT CORPORATION (BBMDC)



DEVELOPMENT: THE STATE OF AFFAIRS Motsepe Foundation

The Motsepe Foundation was established in 1999 by business leader Patrice Motsepe and his wife, Dr Precious Motsepe. The principal aim and object of the Motsepe Foundation is to establish a fund and organisation to provide funding and support for charitable, educational, religious, healthcare and other philanthropic projects and initiatives in order to fight poverty and improve the social and economic conditions of the poor, unemployed and marginalised persons and communities. The Motsepe Foundation has accordingly embarked on a wide range of philanthropic projects.

The Motsepe Foundation envisions a nation in which everyone realises their potential and ultimately contributes to the building of South Africa and other African nations. Over the past 10 years, the Motsepe Foundation has undertaken numerous projects, including structural projects and capacity-building in schools, and made donations to religious and faith-based organisations and traditional

al leaders for their communities, women empowerment initiatives, as well as programmes relating to education and healthcare for women and the youth.

The Motsepe Foundation supports and encourages freedom, democracy and good governance in South Africa. We also support meaningful and sustainable projects undertaken by local and international development organisations. In line with our principal aim and object, the Motsepe Foundation has embarked on and supported several philanthropic projects and initiatives.

These include:

- Promoting education and better health for communities through sustainable and innovative programmes and initiatives.
- Inspiring people to become involved in their communities in order to create and improve opportunities for the upliftment of their members in all respects such as education, sport and other aspects of youth development, and healthcare.

- Introducing effective ways of helping people to help themselves and those around them.
- Empowering men and women through the lobbying and influencing of current national policies and programmes that are applicable to them.
- Stimulating, mentoring and developing life skills training for children and youth, including their involvement in sport.
- Working with and/or supporting the efforts of relevant local and international organisations that aim to ensure the wellbeing of community members of all ages.
- Building strategic relationships with other organisations which have the same aims and objects as the Motsepe Foundation. The principal aim and object of the Motsepe Foundation is to establish a fund and organisation to provide funding and support for charitable, educational, Description The Motsepe Foundation was established in 1999 by business leader Patrice

Motsepe and his wife, Dr Precious Motsepe.

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that the envisaged community development projects take place in the area. The committee was elected during the foundation's road show in Rustenburg this week. Founder and chairperson Patrice Motsepe said at the launch of the foundation that R200m would be set aside for development in 20 selected district municipalities and metros. Bojanala district has been allocated R6m.

The elected committee is led by Gopolang Sekano and William Malebye to oversee the disbursement of the money to various projects. Sekano and Malebye are co-chairpersons and they also lead the development forum and the funding committee respectively. Speaking at the event, mining magnate Motsepe promised to work with the elected committee to improve the conditions of communities. "The Motsepe Foundation is for everyone and we have realised that there are enormous challenges relating to poverty, unemployment, marginalisation and inequality. The foundation is committed to making a humble contribution towards building self-sustaining and self-reliant communities." Motsepe told residents in Rustenburg in June that the foundation would establish long-term, sustainable, developmental and community upliftment projects. Rustenburg local municipality mayor Mpho Khunou appealed to the elected representatives to take their roles seriously to represent the needs of residents and not those of their own. "You should lead by example and not take on what you cannot handle. You should also follow in Motsepe's shoes and play a meaningful role in the lives of our people," he said



Kgang Kgolo

TSA DI POLOTIKI

The puplic protector has the biggest mandate in the government of south africa with the lowest available resources ti caryout that mandate. With over 10 000 cases per anum, and over 2000 staff members to investigte the cases. Her challenges dont seem to abate. She made a plea to parliament to help out..



DIKOLOI

O rata go bua ka tsa di koloi? a na o ka rata go kwala kholomo ya gago o bua ka tsa di koloi? onale kitso le matlhale ka tsa diko- loi? re kwalele lokwalo o bue ka ngwe le ngwe ya dikoli, o romele go info@modisaotsile.org kgot- sa P.O.Box 911-1691, Rosslyn,



Hellen Mmatshwene Kganyago

Behind every
SUCCESSFUL Man
there's a lot of
Unsuccessful years.

CHANCES OF SUCCESS:

0% I WON'T	60% I MIGHT
10% I CAN'T	70% I THINK I CAN
20% I DON'T KNOW HOW	80% I CAN
30% I WISH I COULD	90% I AM
40% I WANT TO	100% I DID
50% I THINK I MIGHT	

So there is love, lust and what I call admiring the wonderful creations of GOD hmmm.

KEYWORD: NOBODY SAID THAT LIFE WOULD BE EASY.

When you are in a relationship we say you are allowed to look at the menu as long as you don't order.

This means you are allowed to admire people of the opposite sex as long as you don't have any sexual desires for them and pursuing a relationship with them.

Nowadays people take good care of themselves and dress really nice which makes it harder to ignore them. When you look good you feel good.

Some people even change their posture walking, sitting or stand So love is when you really have strong feelings for someone and care about them.

Here I am not talking about "love thy neighbor as though thy love yourself" #understand mos.

Some say love is blind some say "it can make you do crazy things". People must be cautious of what they are loved for or what they love.

Don't love him/her for wrong reasons. So being blind is when you are unable to see your partner for who they are when they are deceiving you. We must be careful and not move from admiring to lust.

Remember admiring is just liking how some people present themselves or and liking how they look. Hmmm I said it is hard not to notice some people eish ...looking at them may even make your blood flow

Life ne, hmmm actually life is just ok. The issue is not life. The issue is the situation we come across. Eish if you are in a bad situation it is obvious you will see life as a sour thing. You will see life as an issue. Situations we find ourselves in eeeeey! Some people find themselves crying. Some situations are so depressing; you may think that you are the only one who has got problems even when you are not. All of us come across problems just that our problems differ just like me and you differ. Sometimes we may be going through the same things but that doesn't mean we have got one solution. We must know and accept that what works for you may not work for me. Sometimes we are trying so hard to make life better but we fail. Yes it is very hurting. We feel like if only this door could open then we would work di hard to keep ourselves inside. What happens if the door doesn't want to open? You may find that you have put your whole faith and heart into

that door. No day goes by without you thinking about it. That is rejection. We must know how to deal with rejection and be ready for it. The problem is time doesn't wait for anybody .The next thing you know the year has ended and you have nothing to show. You have nothing to be proud of, and you haven't achieved anything. You feel like a failure, and people start to see you as a nobody. They don't know the qualities that you have. What matters in people's eyes are the material things. To be somebody you must own 1,2,3 or such and such. Don't they know that it is your own wish to own that? If it was according to you, you would be owning much more, also you would be far, maybe too far from where they are. Oh yes at the same time it is sad when you see your peers have achieved much while you have fokol - niks. They then look at you like you are "trash" looking down on you cos you don't have much. That doesn't mean you also must see your self as "trash".

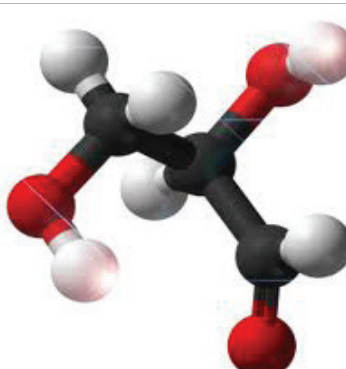
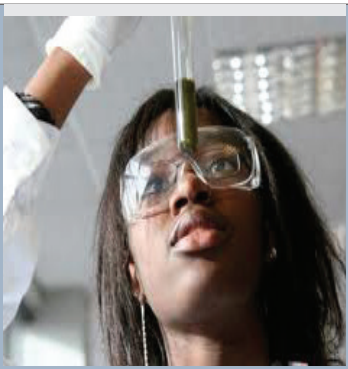
You can still be valuable through all your problems. If doors are not opening you must never lose hope. It gets to a point where you ask God where he is in your life. You ask God why does it seem like he has forsaken you. It is really hurting and depressing if you are trying to live a righteous life. You ask God where he is through your suffering. You remind him that he said he will not leave nor forsake you. It is God who said ask and it shall be given unto you, seek and you shall find and knock the door shall be open for you. You tell him you have been asking but you just can't find because when you knock the door is not opened for you. You know what you are looking for but you just can't get in. You tell GOD that yes he said your suffering are not worth much compared to the glory that will be revealed -you ask him "but God when will my glory be revealed". God you said the plans you have for me is to prosper me not fail me but why am I not prospering?

Until when will my enemies rejoice at my suffering? Am I not serving the God who is Jehovah Jire? Am I not serving the Lord my provider? The Alpha and Omega? The God who created the heavens and earth? Am I not serving the God who is able to provide according to his riches in glory? Oh God is your hand so short to reach me? To supply me with all that I need? Are your eyes closed? Are you not seeing that I am suffering? I you not seeing all the good things I am doing? Are you turning a blind eye on my suffering? Are your ears blocked that you can't hear my cry? Why Lord? What have I done to anger you? Why have you shifted your presence from me? Oh Lord I pray that you intervene in my life. I pray that you show that you are God in my life. I pray that you work through and in me. I pray that you shame the devil and my enemies.

modisanewspaper@gmail.com P.O.Box 911-1691, Rosslyn, 0200. cell no 078 415 1478.

SCIENCE AND TECHNOLOGY

A o batla go tlhologanya ka tsa tikologo le tsa loapi, engeenring kgotsa technology. Ke kopa o nne le rona mo nako e e tlang, O utlwelele Moitsaanape Jacob Ntsumela a go anagela kitso ya di rutwa tse fa godimo ka loleme la ga mme, ge o batla go tseya karolo, re bolelle mogo: modisanewspaper@gmail.com



BOTAKI LE TSA SETSO

Mo di bekeng tse di latelang re tlabane re kokoantshe baitsaanape mo tsa Botaki le tsa setso. Re batla segolo setonna go tlhagisa dintlha kgolo tsa ditso tse di farologaneng, le botaki bo bo tsamaisanang le ditso tsa rona tse di farologaneng. Ge o ka rata go thusa re kwalele mogo: modisanewspaper@gmail.com.

MOTSEPE FOUNDATION
cont. from Pg 3

In the Village of Sutelong the motsepe foundation held a nomination for the committee that will help The Foundation in developing the Bakgatla ba Mosetlha

Malefetsa Elias Duba was the person nominated to belong to the committee that will oversee the allocation of money to deserving projects in the Moretele district. In the next issues we will be looking at different individuals who are involved in the project. Congradulation to all the nominees. I hope the process will lead to the alleviation of porverty.

until I joined the casino industry at the Carousel Sun International casinos situated in Ham-manskraal where my career deviated due to my involvement with public. I worked closely with customers as slots attendant servicing slot machines and jackpot payouts. I then moved on with my involvement with public to the front desk where I became Public Relations Officer (PRO) during the years of 2007 and 2011.

The Motsepe Foundation.

The Motsepe foundation was introduced by the Moretele local municipality under Bo-janala. This foundation is aimed at community development ,to improve lives of the disadvantaged people, small business development and community infra-structures.

The community After the introduction of the Motsepe foundation at Sutelong village, the local municipality asked the community to elect or nominate the people who will represent them in their offices. People whom

KEYWORD Lapa la Segosi sa Bakgatla Ba Mosetlha.

L E lapa la bogosi ba Bakgatla ba Mosetlha lene le kopane ko Sebesong, bane ba sekaseka di kgang kgolo tsa metse le go leka go ka seamisa mathata a aleng teng. Mo setshwantshong ke Rre Kgothi Malebye, Rre Mathibe Makapan, Rre Modise Malebye, Rre Solomon Malebye, Kgosi Rantebeng, Rre Thipe Malebye Rre Attie Makapan, Rre Thabo Malebye Kgosi Nchauphe III, Rre Wesley Malebye le Rre Paul Malebye.

S etlhopha se ke bongwe ba setlhopha se se etelelseng sechaba pele. Ka tsatsi la o keteka setso sa rona sa Bakgatla Ousin-yana Mmashikwane Malebye o ile a boka Bakgatla ka maboko are kwetsweng fa tlase.

LEBOKO LA GA MALEBYE

(Kgabo!)

Ke motho wa bo Ntwe-satwesane Yo o se nang morwesi

O rile go rwesana wa tlogelwa A sala a rwesawa ke lephophotho Phophotho la Matebele A re ga ke a re ntwese kare nthole, Ga ke a re nk-gape o sale o ntse-o-ntse Ke legodu la dikwena Oa utswa morwa wa Malebye O ntse a tsaya mosadi ka mong

Ke motho wa bo phogole a majedi Tshetlha e sitlha moologa kwa thoko Le ena Phogole a sutlha A matsosa a bo Ratha-bu Matsosa a bo Mogapi a rena - ka la tlou Maswai

a le feta aya hanwaana

Ke namane tsa thojana Tseo di jeleng mokgoro di o lala Bana ba Mma-mafura a theku Fa a fisa, a tllaologa

Ke maiyane a kgabotona Maiyane a manyobonyobo Makgaa ka mapitla batho Ke mokgethi moneneketsi Thobu ya bo Rapulane Thobu e roba dikwekwetla E roba tse di puoludi mokgatla o mogolo

Leboko la ga Motlotlegi Kgosi Hendrik Mathibe Makapan

Ke naledi e tshweu sepanyaban-ya Ke naledi ya bo Motjile le Modiegi Seoka, seokamela batho

Ke makokonwa a tlogelwa a bo Motjile Oreng o rile ke a kokona, a ba a tlhoboga

Thiba ngwana wa Nchauphe O se thibe ka kutu o thibe ka ntlha Masetlela a tswe le madi Ke tshwene rasetlholadina, Yo o tlhohletseng Bakgatla go ja dinama, Dina-

ma tsa kgomo ya ngwana meiri

Baloi ba kile ba go potapota Ga sala baloi bangwe Ke Nteke morwa Senwana le Ramakume Ramakume a lebetle Ke nkwe tilodi ya dikgwa ga ke lome

Fa nka bo ke loma Nka bo lo sa nka-pare letlalo

Kare Ke nkwe tilodi ya dikgwa ga ke lome Fa nka bo ke loma

Nka bo lo sa nka-pare letlalo Thi-ba ngwana wa Nchauphe Thiba kgabo kgolo Thiba wena Seaparankwe Motlotlegi Kgosi Mathibe Makapan



Who is this man?

A born and bred resident of a village called Sutelong (Moretele) since 1965.

As teenager and youngster Malefetsa (Molefi) was involved in number of the community activities such as sport where I was the manager of soccer team by the name of Peace Makers, and not only in sport but I was the president of youth in A.M.E Church. During the process of worshipping, I joined the A.C.E league normally called (Madodana) of the same church. I am currently the preacher in the church where sometimes the elders of the church send me to run the church service of God in other branches of the church in neighboring villages.

Work experience. During the years of 1998 after completing my diploma in electrical engineering I work at Ipeleng Bus Company in Mabopane under North West Star installing and servicing electrical problems in public transport busses

Bakgatla Development.

Mr Duba would like to see all villages of Mosetlha became developed.

they believe and trust that will deliver and most of all they must be people who know the community needs. There were several categories of nominees out of which my name was elected as the chair person thereof. I am looking forward to lead this project within the community and I believe that I am not going to disappoint them should I win at final nominations which will be held on the 28th November 2013.

Ellias hope that the community can have faith in him to elect him to the committee. If u were part of the process please write to us.



PHASE 4
OPENING
FESTIVITIES

27 November

- Phase 4 official opening day
- DJ play-off on stage from 9 am
- Superstar **Donald** will kick off the celebrations
- School choirs
- Drum majorettes
- Fashion show
- Kids' entertainment
- In-centre entertainment

28 November

- DJ play-off finals
- DJ Ganyani on stage as celebrity judge
- **DJ Ganyani** performs live on stage
- Local entertainment
- Kids' entertainment
- In-centre entertainment

29 November

- Local entertainment
- Superstars **Teargas**
- **Tjiff and Tjaff** will entertain the young ones
- Dance troop showdown
- SACRA Awards finalists on stage with MCR Radio
- Kids' entertainment
- In-centre entertainment

30 November

- Official opening ceremony
- **Chomee** performs live on stage
- DJ play-off winners perform
- SACRA Awards finalists on stage with MCR Radio
- Kids' entertainment
- In-centre entertainment

1 December

- Local entertainment
- Special closing highlight - **Dr Malinga** performing live!
- SACRA Awards finalists on stage with MCR Radio
- Kids' entertainment
- In-centre entertainment

27 Nov – 1 Dec
Join us for opening
specials and fun activities!

Jubileemall
Bophelo bo monate ko teng



SPITZ



MILADYS

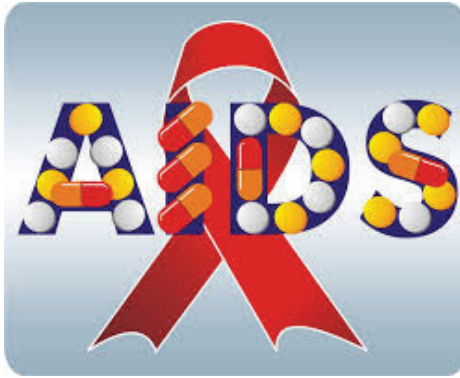


With World AIDS day coming up on the 1st of December 2013, we are to be reminded of how this disease has impacted our lives through being affected or infected. On this day worldwide nations unite to support those living with HIV, commemorating those who have succumbed to it and continuing the fight. What are HIV and AIDS?

AIDS (Acquired immune deficiency syndrome or acquired immunodeficiency syndrome) is a disease caused by a virus called HIV (Human Immunodeficiency Virus). The illness changes the immune system, making people much more vulnerable to infections and diseases. This gets worse with time as the disease progresses.

How Does HIV and AIDS Cause Illness? HIV attacks and destroys a type of white blood cell called a CD4 cell, commonly called the T-cell. This cell's main function is to fight disease. When a person's CD4 cell count gets low, they are more prone to illnesses. How do we get infected? A person gets HIV when an infected person's body fluids (blood, semen, fluids from the vagina or breast milk) enter his or her bloodstream. The virus can enter the blood through linings in the mouth, anus, or sex organs (the penis and vagina), or through broken skin. Both men and women can spread HIV. A person with HIV can feel OK and still give the virus to others. Pregnant women with HIV also can give the virus to their babies.

Common ways people get HIV: • Sharing a needle to take drugs. • Having unprotected sex with an infected person. You cannot get HIV from: Touching or hugging someone who has HIV/AIDS. Public bathrooms or swimming pools. • Sharing cups, utensils, or telephones with someone who has HIV/AIDS. • Bug bites. Who Can Get HIV? Anyone can get HIV if they engage in certain activities. You may have a higher risk of getting HIV if you: • Have unprotected sex. This means vaginal or anal intercourse without a condom or oral sex without a latex barrier with a person infected with HIV. • Share needles to



KEYWORD World Aids Day

inject drugs or steroids with an infected person. The disease can also be transmitted by dirty needles used to make a tattoo or in body piercing. • Receive a blood transfusion from an infected person. This is very unlikely in the U.S. and Western Europe, where all blood is tested for HIV infection.

- Are born to a mother with HIV infection. A baby can also get HIV from the breast milk of an infected woman. If you fall into any of the categories above, you should consider being tested for HIV. Health care workers are at risk on the job and should take special precautions. Some health care workers have become infected after being stuck with needles containing HIV-infected blood or less frequently, after infected blood comes into contact with an open cut or through splashes into the worker's eyes or inside their nose. HIV Tests The only way to know if you have HIV is to take an HIV test. All government clinics run these test for free and also provide the necessary counseling to all patients.

It is encouraged that such opportunities be utilized. Does HIV Have Symptoms? Some people get flu-like symptoms within a month after they have been infected. These symptoms often go away within a week to a month. A person can have HIV for many years before feeling ill. As the disease progresses, both women and men may experience yeast infections on the tongue (thrush),

and women may develop severe vaginal yeast infections or pelvic inflammatory disease. Shingles is often seen early on, often before someone is diagnosed with HIV. What Are the Symptoms of AIDS? Signs that HIV is turning into AIDS include:

- A fever that won't go away
- Sweating while you sleep
- Feeling tired all the time (not from stress or lack of sleep)
- Feeling sick all the time
- Losing weight
- Swollen glands (neck, groin, or underarms)
- Oral thrush
- What Infections Do People With AIDS Get? People with AIDS are extremely vulnerable to infection, called AIDS-defining illnesses, and often exhibit the following conditions:

Kaposi's sarcoma, a skin tumor that looks like dark or purple blotches on the skin or in the mouth

Mental changes and headaches caused by fungal infections or tumors in the brain and spinal cord

Shortness of breath and difficulty breathing because of infections of the lungs

Dementia

Severe malnutrition

Chronic diarrhea

How Is HIV Treated?

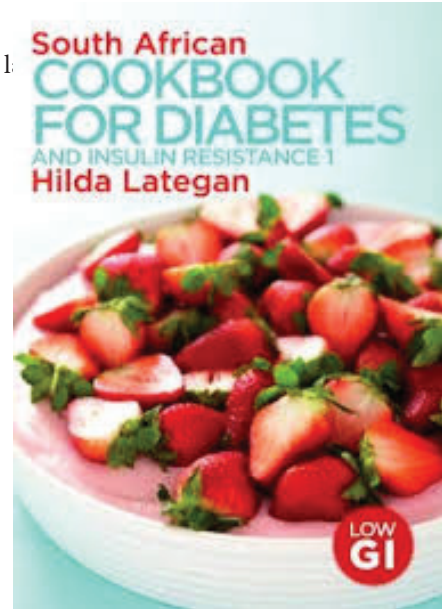
We've come a long way from the days when diagnosis with HIV equaled a death sentence. Today, there are a variety of treatments that, when used in combination can significantly slow down and in some cases stop altogether, the progression of HIV infection. If your disease has progressed to AIDS, your treatment may

also include drugs to combat and prevent certain infections. Your doctor can monitor how well your HIV treatment is working by measuring the amount of HIV in your blood (also called the viral load.) The goal of treatment is to get the viral load undetectable on labs tests; ideally less than 20 copies. This does not mean the virus is gone or cured, it means the medication is working and must be continued.

How Can I Keep From Getting HIV? The best way to protect yourself from HIV is to avoid activities that put you at risk. There's no way to tell by looking at someone if he or she has HIV.

Always protect yourself. Use latex condoms (rubbers) whenever you have any type of sex (vaginal, anal, or oral). Don't use condoms made from animal products. Use water-based lubricants. Oil-based lubricants can weaken condoms. Never share needles to take drugs. Avoid getting drunk or high. People who are drunk or high may be less likely to protect themselves.

How Can I Prevent HIV From Progressing to AIDS? You can help prolong your life by taking good care of yourself and developing a good relationship with an experienced doctor specializing in HIV and AIDS. Also, be consistent about taking your HIV medications as prescribed and getting regular



Is there a specific Diet for diabetic patients?

In our quest to find out more about this, we asked a dietitian at Medi-Clinic Mr Thabo Phatsoe he explained to us that "Anyone who tells you that you have to stick to the diabetes diet – if you have Type 1 diabetes or Type 2 diabetes – is talking about something that does not exist. There is no diabetic diet!"

There is, however, a healthy eating plan that everybody should be following. This means that just because you have diabetes (1 or 2), it doesn't mean that you have to eat something different to the rest of the family. Diabetes in South Africa is often a problem because families are stuck in bad eating habits: so if you change the way your whole family eats, you'll be doing everyone a favour.

Basically, then, the diabetes diet is the way all of us should be eating: low fat, high fibre (i.e. lots of whole-wheat and wholegrain), as little processed and refined food as possible (i.e. white bread, pastries, cakes etc) and as much fresh fruit and vegetables as possible. Just because you have diabetes doesn't mean you can't ever have any sugar, but it does mean you should have it rarely, as a treat, and in small portions.

The 'diabetic diet' doesn't exist, because there is no one magical way that will make your blood sugar behave. But there are definitely ways to eat that will help to give you as balanced blood sugar as possible – without the spikes and dips that processed food and food with a high GI count will give you.

KEYWORD The Value of Traditional Medicines



Some 72 percent of South Africa's population of just under 52 million people use traditional medicines and 27 million of them spend between 4 percent and 8 percent of their annual income on traditional medicinal services, an audience at UCT's Summer School has heard.

Phakamani Xaba, an SA National Biodiversity Institute conservation research horticulturist based at Kirstenbosch, said the traditional medicine market was worth an estimated R2.9 billion

a year, or 5.6 percent of the annual health budget.

He also pointed out that there were an estimated 200 000 traditional healers in South Africa – making this the biggest sector of the country's health-care industry – while at least 133 000 households depended on the collection of medicinal plants for their income.

Most of the collecting was done by otherwise unemployed rural women. Xaba, who established the Useful Plants Garden at Kirstenbosch, gave these figures during his lecture "Demystifying the Use of Muthi Plants" that was one of a five-part series last week to honour the centenary celebration of Kirstenbosch this year. Using data from a Futureworks research paper, "Economics of the Traditional Medicine Trade in South Africa" by Myles Mander and others, Xaba pointed out that between 35 000 and 70 000 tons of plant material were consumed each year from the 3 000-odd species used in traditional medicine. Of these, some 700 species were traded in large quantities, and most (around 95 percent) were traded only in informal markets. "But 86 percent of wild plant species harvested for traditional medicine will result in the plant dying," he added.

Pointing out that South Africa's population had soared from fewer than 10 million in 1910 to close to 52 million today, he said: "So we have quite a challenge. You can imagine how much pressure there is on the wild plants as the customs (of wild harvesting) haven't changed." However, this was not a problem peculiar to South Africa – China, for example, had similar challenges. Xaba explained that 25 percent of all prescribed medicines used worldwide contained plant material, and that scientists had done a significant amount of research on plants used in traditional medicine to test the efficacy of their chemical compounds. They had already identified more than 3 000 alkaloids in 4 000 plants, as well as glycosides. Alkaloids can have a pronounced effect on the nervous system, producing both physiological and psychological reactions, while glycosides are small organic molecules containing sugar.

There are many compounds that we as humans find useful and which are rich in valuable bioactivities – for example, as vitamins or a source of nitrogen," he said. (Bioactivity is the effect of a chemical agent on a living organism.)



Name: Cathrine Refilwe Mnisi School: Ithuteng Commercial High School Grade: 12 Matric class of 2013 Gender: Female Village: Sutelong Subjects: Maths, business studies, Physics Life orientation and life sciences and language. Career Aspirations: Wants to study law and to be an Attorney

Refilwe loves poetry, and she also writes her own poems, her favorite poem is about the Bakgatla ba Mosetlha that she performed at the opening of the kgwadi (a traditional court) in Moretele, a few months ago to a standing ovation, plus it was broadcasted on Tshwane TV. Being Mokgatla her self, she loves her culture and heritage very much to an extent that she is a leader of her local cultural group.

She would like to change her and impact her community positively with her poetry "I would like for young people to listen to lessons I put in my poetry" the poetry about Bakgatla ba Mosetlha its actually talking about what's happening in our village the state of dismay that exists, where by the community has forsaken their culture and heritage and you have people doing as they like, disrespecting others and also disrespecting the authority of the Chief.

Refilwe is also in the school debate team where she also helps highlights different issues that affects her community and share ideas with other young learners from around the village, on how they can solve these problems. She is also a member of her school LRC, where she is honing her leadership skills. One day she is hoping to lead South Africa as a President of the country. When she is not busy debating and solving community problems, she conducts her school choir and she captains her school netball team. She is been a star performer for both her school and local club, she is been selected to represent school at a provincial level

KEYWORD Kamogelo Chokoe an up and coming leader.

Kamogelo Chokoe. School: Hendrick Makapan high school Grade: Matric class of 2013 Subjects: Accounting Economics business math's literacy and languages Career Aspirations: Economist

Kamogelo Chokoe is part of the kids game project that recruit kids and teach them different games, the aim of the project is to give kids an opportunity to show off their natural talents and also to learn to interact and play with, and also to learn to compete with other kids.

Kamogelo would like to see a big change in his community. He would love it very much if he can have kids removed from loitering in the streets, and also he wants to give them purpose in life. He will love to get them pre-occupied so that they can be drawn away from damaging activities such as drugs, alcohol and engaging in sex before time and crime.

One other project he would like to do is to introduce a vegetable garden project in his community, whereby the community members will be taught about how to plant different crops and veggies. The aim is to teach them so that they can start producing food for themselves and their families without having to go to the markets every time they need fresh vegetables. And a project like this would be necessary as well, it will also teach them business skills so that they can sell some of the vegetables they produce to make money for other purposes.

Kamogelo is busy writing his matric final examinations. "I am aiming to do very well in my exams, I have worked hard the past few years for this moment, now the moment has come for me to show the world what I am made of. Next year I want to study Economics at the Tshwane University of Technology

(TUT). So achieving good marks in my final exams will go a long way in helping me get accepted for the course I want to study for and also getting me a bursary.



Street vintage...the future I have found joy in the form of a short little walk to my mother's old wardrobe! Haha-hahaha! Yes

In there I discovered masterpieces that have anyone I meet for a quick lunch or that spontaneous run in the lift or even a short walk to the local shop wanting to know if I have a fashion designer who puts my clothes together.

Ladies.... if you can't spell "Street Vintage" you should be ashamed! Let's start with the place most of us spend their time at, yep, work. How about you give your cheeriest jersey a professional edge? Try finding a lovely vest or even a shirt that's bold in color and have the jersey layer it over, then push up the sleeves. It looks relaxed, but still very much approachable. Then team up the combo with cigarette trousers and a gorgeous humble pair of trendy loafers so to encourage you to take those steps like a Goddess.

Now I've always believed that time is money, therefore I believe every Goddess's wrists needs to

have a gorgeous time-piece wrapped around them to keep track of those billable hours. Let's go elegant, remember that simple is always mysterious. The belted watch with a shimmering finish would be the best thing you'll do for yourself- don't forget to have a bright green, orange, maroon on your finger nails to make your hands look much better.

Ifor one have never been one for small bags. I find them boring and so unimaginative- every single killer outfit deserves handbags that makes people stare even with your back to them, so lets go big on this one! Again, explore color. Green is big this season, whether patent, leather or plastic. Green is the way. Do your bit for the environment, just in style.

Finally, lets look into make-up. Pink is pretty, soft and alluring... It's pretty because it's feminine, but please, easy on this one. If you're fair in complexion, go for a light fuschia shade; apply it with your beige eye shadows and very minimum eyeliner. Remember, less is more. If you're olive then you'd look great in a coral toned-pink, this will make your great facial features ever so fantastic. Explore the wonders of the mascara too. Make sure everything is in conjunction with your fabulous skin. If you're dark then opt for a deep berry pink, it will make the rich color of your skin heightened and ever so striking.

Alas, the whole idea of street vintage is to explore those blazers, go nuts on the patterns. Make sure everything is done in good taste because the wrong top may ruin the whole idea. It's in the way you wear your hair- neatly up or slickly tied back in some amazing bun, or whatever creative thing you put together, it's also about the right amount of make-up you put on. That bag that every woman is hanging from the hand, its initiative that you as a woman can weave something together with innovation.

Refilwe is busy writing her matric final examinations. "I have been doing well academically though out my high school years, but all that wont count for anything if I don't do well in my final exams this year.

Iwant my schoolmates and my teachers and my school to remember me forever, as that student who helped makes 2013 the best year. Next year I want to study Law at The University of Pretoria, Wits or the University of Johannesburg.

So achieving good marks in my final exams will go a long way in helping me get accepted for the course I want to study for and also getting me a bursary and a vocational job with the best company in South Africa.

"i want to be the best performing student for the year 2013 across South Africa," This is my time to shine. I want to make my parents and my Community to be very proud of me.



Denim shirts have gained popularity these days. Nothing beats putting together a denim shirt with a long skirt (purple always works wonders), thin belt, pumps or wedges and not too much make up. When it comes to shades, go big, go "whatever works for you" big. Bravery and quirky ideas with your best friend will lead to actually tying the "doek" instead of getting a weave. Like I said, that walk to your Grand-mama's wardrobe...Find joy.



Moretele Bridge



Ok ladies I know you can't wait to show off your legs especially during the festive seasonoh and on the new year.

Iknow most of you will go to Moretele bridge penny less I mean with no money with the intention of being a beer sucker. Yes you, you know what I mean. You go there to seduce other women's men so you can score free booze and ride. That is outdated. Just be careful please. We don't want to read about you in Daily sun .We don't want any nasty things to be done to you.

There are gentlemen who will still give you attention even if you have covered your asset. Please don't behave like a cheap floozy, as you are better than that. You don't want to wake up in a stranger's room. Things that happen in the dark do always comes to light, so please don't shame your friends and families. Ntshune ntshune ya bosigo o tlo suna le masutlha so be careful. The other important factor is that when you dress to be seen please make sure your kids are well taken care of. Make them lovable and attractive. Get them new clothes, do their hair just make sure they look good, that a stranger would want to hold them or play with them.

Before you gallivant and spend money on booze please make sure they have enough food at home because January will be a very long month till your next payday. Enjoy and I wish you all a merry Christmas and a happy and prosperous new year. Ms Hellen Kganyago

